## **CONFERENCES 101**

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True or False: It is a free trip. I just need to present. Before and after, I can do anything I want.

#### **FALSE**

Someone (perhaps yourself) spent money for you to attend the conference. The trip is not "free" - there are expectations that go along with the cost of the trip.

### **Benefits Include:**

- 1. Networking Opportunities
- 2. Valuable Seminars and Workshops
- 3. Networking
- 4. Checking out possible graduate programs, research internships, and/or employment opportunities
- 5. <u>Networking</u> You are being watched by potential mentors and employers

# What if I am shy and have trouble talking to "strangers"?

- Have a 30 second introduction speech.
- It's time to get out of your comfort zone.
- It does get easier.

True or False: I'm not there to have fun...I'm there to work.

#### **FALSE**

- It is all in the attitude.
- •Love your job.

## **Agenda Tips**

- "Reception," "Refreshments," and/or "Networking"
  - Most likely a come-and-go session
- "Awards Dinner" or "Dinner" and "Speaker"
  - Most likely a sit down event. Be on time.
- Both are excellent opportunities to network.

## Other Things

#### Dress

- If all else fails ask
- overdressed is less embarrassing and more likely to impress than underdressed

#### Make Connections

 You should have a minimum of three new contacts before you leave

## Integrity

 Decamillionaires all have fanatical levels of integrity



## **QUESTIONS?**

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